**2017-18 Tentative Training Schedule**

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| GROUP | MONDAY | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** | **SATURDAY** |
| National 1 | 5:30-7:30am UT  5:00-7:00pm UT | 5:00-7:00pm UT | 5:30-7:30am UT/ 6:00-7:30am SCC  5:00-7:00pm UT | 4:00-6:00pm UT | 5:30-7:30am UT  5:00-7:00pm UT | am UT  TBA |
| National 2 | 6:00-7:30am SCC  5:00-6:30pm Riv | 5:30-7:30am UT  5:00-7:00pm UT | 6:30-8:00pm Riv | 4:00-6:00pm UT | 5:30-7:00am UT  5:30-7:30pm Hav\* | am UT  TBA |
| Junior National | 5:30-7:30am UT  6:30-8:00pm Riv | 5:00-7:00pm UT | 5:30-7:30am UT  5:00-6:30pm Riv | 4:30-6:30pm Har | 5:30-7:30pm Hav | am UT  TBA |
| Senior 1 | 5:30-7:30pm Hav | 5:30-7:30am UT | 5:30-7:30pm Hav | 5:30-7:00am Ben | 5:30-7:00am UT  5:00-7:00pm Riv | am UT  TBA |
| Junior Provincial | 4:30-6:00pm Har | 6:00-7:30pm Har | 5:30-7:30am UT\*  5:00-7:00pm UT | 5:00-7:00pm Riv | 4:30-6:30pm Har | am UT  TBA |
| Junior 1 | 5:30-7:00am Ben  4:30-6:00pm Har\* | 4:30-6:00pm Jar | 4:30-6:00pm Har | 6:30-8:00pm Har | 6:00-7:30pm Jar | am UT  TBA |
| Senior 2 | 4:30-6:00pm Jar | 5:30-7:30am Ben | 4:30-6:00pm Jar | 5:30-6:30am UT  \*6:30-7:30am DL | 4:30-6:00pm Jar | 7:00-8:30am Har |
| Junior 2 | 6:00-7:30pm Jar | 6:00-7:30pm Jar | 6:00-7:30pm Har | 5:30-6:30am UT  \*6:30-7:30am DL |  | am UT  TBA |
| Youth Festival | 6:00-7:30pm Har | 4:30-6:00pm Har | 5:00-7:00pm UT\* | 5:00-7:00pm Riv | 6:00-7:30pm Har | 7:30-9:00am Ben |
| Youth 1 | 5:00-6:00pm CT | 5:00-6:00pm Riv | 5:00-6:30pm CT |  | 5:00-6:30pm CT | 10:00-11:30am Har |
| Youth 2 | 6:00-7:00pm CT | 6:00-7:00pm Riv | 6:30-8:00pm CT |  | 6:30-8:00pm CT |  |
| Senior 3 |  | 5:00-6:30pm CT |  | 5:00-6:30pm CT |  | 8:30-10:00am Har |
| Junior 3 |  | 6:30-8:00pm CT | 6:00-7:30pm Jar | 6:30-8:00pm CT |  | 8:30-10:00am Har |
| Youth 3 | 7:00-8:00pm Branksome |  | 7:00-8:00pm Branksome |  | 6:30-8:00pm Branksome |  |

**Toronto Swim Club Academy**

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| GROUP | MONDAY | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** | **SATURDAY** |
| GOLD | 6:00-7:00pm Branksome |  | 6:00-7:00pm Branksome |  | 6:00-7:30pm Branksome |  |
| SILVER | 7:00-8:00pm Riverdale | 7:00-8:00pm Branksome  7:00-8:00pm Harbord | 7:00-8:00pm Riverdale | 7:00-8:00pm Branksome  7:00-8:00pm Harbord |  |  |
| BRONZE | 6:00-6:45pm Riverdale | 6:00-6:45pm Branksome  6:00-6:45pm Harbord | 6:00-6:45pm Riverdale | 6:00-6:45pm Branksome  6:00-6:45pm Harbord |  |  |