**2017 Winter Holiday Training Camp**

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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | N1 | N2 | SP | S1 | S2 | JP | J1 | J2 | YF |
| Mo  Jan 2 | 7-9 am  LC | 7-9 am  LC | 7-9 am  LC | 3-5 pm SC  North end | 5-7 pm SC  North end | 3-5 pm SC  North end | 5-7 pm SC  North end | OFF | OFF |
| Tu  Jan 3 | 8:30-10:30 am LC  5-7 pm LC | 7:00-9:00 am LC  3-5 pm LC | 8:30-10:30 am LC  5-7 pm LC | 7:00-8:30 am LC  3-5 pm LC | 5:30-7:00 am Benson | 5:30--7:30 am LC  3-5 pm LC | 5:30-7:00 am LC | 5:30-7:00 am LC | 6-8 pm BH |
| W Jan 4 | 6-8 am SC North  4-5:30 pm  North | 6-8 am SC South  5:30-7:00 pm | 8-10 am SC  South  4-5:30 pm | 5:30-7:00 am Ben  Havergal 5-7 | Havergal  5-7 pm | 8-10 am SC  North  5:30-7:00 pm | 10-11:30 am SC  South | 6-7:30 pm  BH | 10:00-11:30 am  SC North |
| Th Jan 5 | 4-6 pm SC | 5:30-7:30 am LC | 5:30-7:00 am  Benson | 3:00-5:00 pm LC | OFF | 3:00-5:00 pm LC | 6-8 pm BH | 6-7:30 am LC | 6:00-7:30 am LC |
| Fri Jan 6 | 5:30-7:30 am LC  5-7 pm North | 5:30-7:30 am LC  5-7 pm  North | 5:30-7:30 am Benson | Havergal 5-7 pm | Havergal  5-7 pm | 5:30-7:30 am LC |  | 6-7:30 pm  BH |  |
| Sat Jan 7 | 8-10  Dryland 10:30-12:00 | 6-8  Dryland 8:30-9:45 am | 6-8 am  Dryland 8:30-10:00 | 6-8 am  Dryland  8-9 | 10:00am-12:00 pm  LC | 8-10 am  Dryland 7-8 am | 10:00am-12:00 pm  LC | 10:00am-12:00 pm  LC | 8-10 am  Dryland 7:15 |