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| April 2014 National  |
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| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** | **Sunday** |
| 315:45-7:30am UT Wt room + swim (Brittney) 5:00-7:00pm UT (Brittney)  | 15:45-7:30am UT (Brittney) 4:00-7:00pm UT (Dave)  | 25:45-7:30am UT (Ashley Z)  | 34:30-6:30pm Harbord (Ashley Z)  | 45:45-7:30am Benson (Ashley Z) 4:30-7:00pm UT (Dave)  | 5**The Swim Challenge** 5:20-7:30am UT(Dave)  | 6 |
| 75:45-7:30am UT Wt room + swim (Brittney) 5:00-7:00pm UT (Brittney)  | 85:45-7:30am UT(Brittney)  4:00-7:00pm UT Dryland + Swim(Bill Returns)  | 95:45-7:30am UT  | 104:30-6:30pm Harbord or**John Grootveld Sr Officials Classic @UofT** | 11**John Grootveld Sr Officials Classic @UofT** | 12**John Grootveld Sr Officials Classic @UofT**  | 13**John Grootveld Sr Officials Classic @UofT**  |
| 14AM OFF PM – 5:00-7:00pm UT (Brittney)  | 155:45-7:30am UT (Brittney) 4:00-7:00pm UT (Dave)  | 165:45-7:30am UT (Ashley Z) | 174:30-6:00pm UT (Byron) | 18**Good Friday**Off  | 197:30-10:00am UofT (Luke)  | 20 |
| 21AM OFF PM – 5:00-7:00pm UT (Bill returns)  | 225:45-7:30am UT 4:00-7:00pm UT Dryland + Swim  | 235:45-7:30am UT  | 244:30-6:00pm UT  | 255:45-7:30am Benson4:30-7:00pm UT  | 267:30-10:00am UofT  | 27 |
| 285:45-7:30am UT Wt room + swim 5:30-7:30pm Havergal  | 295:45-7:30am UT 4:00-7:00pm UT Dryland + Swim  | 305:45-7:30am UT  |  |  |  |  |

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| April 2014 National  |
| \*\*\*schedule for swimmers that attend Sr, Nationals in Victoria  |

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| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** | **Sunday** |
| 31**Commonwealth Trial @Victoria**  | 1**Commonwealth Trial @Victoria**  | 2 **Commonwealth Trial @Victoria**  | 3 **Commonwealth Trial @Victoria**  | 4**Commonwealth Trial @Victoria**  | 5**Commonwealth Trial @Victoria**  | 6**Commonwealth Trial @Victoria**  |
| 7AM OFF 5:00-7:00pm UT (Brittney)  | 8AM OFF 4:00-7:00pm UT Dryland + Swim(Bill Returns)  | 95:45-7:30am UT  | 104:30-6:30pm Harbord or**John Grootveld Sr Officials Classic @UofT** | 11**John Grootveld Sr Officials Classic @UofT** | 12**John Grootveld Sr Officials Classic @UofT**  | 13 |
| 14OFF  | 15OFF  | 16OFF  | 174:30-6:00pm UT (Byron) | 18**Good Friday**Off  | 197:30-10:00am UofT (Luke)  | 20 |
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