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| --- | --- | --- | --- | --- | --- | --- |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  | 284:30-7:00pm UT | 295:30-7:30am UT4:30-7:00pm UT | 306:00-7:30am UT (weights) 4:30-7:00pm UT | 314:00-6:00pm UT or 5:00-7:00pmRiverdale  | 16:00-7:30am UT (weights/swim) 4:30-7:00pm UT | 28:00-10:00 am**UT** |
| 3 | 44:30-7:00pm UT | 5 **OLYMPIC TRIALS** 5:30-7:30am UT4:30-7:00pm UT | 6 **OLYMPIC TRIALS**6:00-7:30am UT (weights)  4:30-7:00pm UT  | 7  **OLYMPIC TRIALS**4:00-6:00pm UT  | 8  **OLYMPIC TRIALS**5:30-7:30am UT (swim-dryland)  4:30-7:00pm UT | 9  **OLYMPIC TRIALS** **“ SWIMATHON”****UT** |
| 10**OLYMPIC TRIALS** | 114:30-7:00pm UT | 125:30-7:30am UT4:30-7:00pm UT | 136:00-7:30am UT (weights) 4:30-7:00pm UT | 144:00-6:00pm UT | 15**Grootveld Sr. Officials Classic** | 16**Grootveld Sr. Officials Classic** |
| 17  **Grootveld Sr. Officials Classic** | 18**OFF** | 195:30-7:30am UT4:30-7:00pm UT | 206:00-7:30am UT (weights) 4:30-7:00pm UT | 214:00-6:00pm UT or 5:00-7:00pmRiverdale | 226:00-7:30am UT (weights/swim) 4:30-7:00pm UT | 238:00-10:00 am**UT** |
| 24 | 254:30-7:00pm UT | 265:30-7:30am UT4:30-7:00pm UT | 276:00-7:30am UT (weights) 4:30-7:00pm UT | 284:00-6:00pm UT or 5:00-7:00pmRiverdale | 296:00-7:30am UT (weights/swim) 4:30-7:00pm UT | 308:00-10:00 am **UT** |