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| **FEBRUARY 2016 INTRO WEST****Swimmers are expected to bring their equipment to every swim practice. Equipment required: TSC t-shirt, shorts, skipping rope, water bottle & kickboard. Swimmers are expected to arrive on deck 15 minutes before the start of each practice and swim meet. Each practice will end with a 5-6 minute meeting.** |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| JAN 31 | 1 | 2 **GROUNDHOG DAY****INTRO JR** 5:45-7:00 pm**INTRO SR**6:45-8:00 pm | 3 | 4**INTRO JR** 5:45-7:00 pm**INTRO SR**6:45-8:00 pm | 5 | 6 |
| 7 | 8 | 9**INTRO JR** 5:45-7:00 pm**INTRO SR**6:45-8:00 pm | 10 | 11**INTRO JR** 5:45-7:00 pm**INTRO SR**6:45-8:00 pm | 12 | 13 |
| 14 | 15**FAMILY DAY****No Practice** | 16**INTRO JR** 5:45-7:00 pm**INTRO SR**6:45-8:00 pm | 17 | 18**INTRO JR** 5:45-7:00 pm**INTRO SR**6:45-8:00 pm | 19 | 20 |
| 21 | 22 | 23**INTRO JR** 5:45-7:00 pm**INTRO SR**6:45-8:00 pm | 24 | 25**INTRO JR** 5:45-7:00 pm**INTRO SR**6:45-8:00 pm | 26 | 27 |
| 28 | 29 |  |  |  |  |  |