**Junior 1 October 2015**

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| SUNDAY | MONDAY | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** | **SATURDAY** |
|  |   |  |  | 15:30-7:30am UT   | 24:30-6:30pmHarbord   | 35:30-8:00amUT  |
| 4 | 54:30-6:30pmJarvis  | 65:00-7:00pmRiverdale  | 75:30-7:30amBenson4:30-6:00pm Central Tech  | 85:30-7:30am UT   | 94:30-6:30pmHarbord    | 106:00-8:00am UT  |
| 11 | 12**No Swim Practice** **Thanksgiving**  | 135:00-7:00pmRiverdale | 145:30-7:30amBenson4:30-6:00pm Central Tech  | 155:30-7:30am UT   | 16 **Downtown Fall Sprint (13&Over)** 4:30-6:30pmHarbord  (12&Under)   | 17**Downtown Fall Sprint** |
| 18 | 194:30-6:30pmJarvis | 205:00-7:00pmRiverdale | 215:30-7:30amBenson4:30-6:00pm Central Tech  | 225:30-7:30am UT   | 234:30-6:30pmHarbord  | 246:00-8:30am UT  |
| 25 | 264:30-6:30pmJarvis | 275:00-7:00pmRiverdale | 285:30-7:30amBenson4:30-6:00pm Central Tech  | 295:30-7:30am UT   | 304:30-6:30pmHarbord  | 316:00-8:30am UT  |