**Junior 1 October 2015**

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| SUNDAY | MONDAY | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** | **SATURDAY** |
|  |  |  |  | 1  5:30-7:30am  UT | 2  4:30-6:30pm  Harbord | 3  5:30-8:00am  UT |
| 4 | 5  4:30-6:30pm  Jarvis | 6  5:00-7:00pm  Riverdale | 7  5:30-7:30am  Benson  4:30-6:00pm Central Tech | 8  5:30-7:30am  UT | 9  4:30-6:30pm  Harbord | 10  6:00-8:00am  UT |
| 11 | 12  **No Swim Practice**  **Thanksgiving** | 13  5:00-7:00pm  Riverdale | 14  5:30-7:30am  Benson  4:30-6:00pm Central Tech | 15  5:30-7:30am  UT | 16  **Downtown Fall Sprint (13&Over)**  4:30-6:30pm  Harbord  (12&Under) | 17  **Downtown Fall Sprint** |
| 18 | 19  4:30-6:30pm  Jarvis | 20  5:00-7:00pm  Riverdale | 21  5:30-7:30am  Benson  4:30-6:00pm Central Tech | 22  5:30-7:30am  UT | 23  4:30-6:30pm  Harbord | 24  6:00-8:30am  UT |
| 25 | 26  4:30-6:30pm  Jarvis | 27  5:00-7:00pm  Riverdale | 28  5:30-7:30am  Benson  4:30-6:00pm Central Tech | 29  5:30-7:30am  UT | 30  4:30-6:30pm  Harbord | 31  6:00-8:30am  UT |