|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Sunday** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
|  | **1**  **Happy New Year!** | 2  4:30 dryland  5:00-7:00 pm  UT | 3  7:00-9:00 am  3:00-5:00 pm  UT | 4  2:30 dryland  3:00-5:00 pm  UT | 5  5:30-7:30 am  Benson  3:00-5:00 pm Benson | 6  6:00-8:00 am  UT  Dryland TBD |
| 7 | 8  4:30-6:00 pm  6:00-6:30 dryland  Harbord | 9  5:40 activation  6:00-7:30 pm  Harbord | 10  \*\*\* 5:30-7:30 am  4:30-5:00 pm dryland  5:00-7:00 pm  UT | 11  **No permit at Riverdale due to school function. Workout TBD** | 12  **AB Meet OR**  4:30-6:00 pm  Harbord | 13  **AB**  **MEET** |
| 14  **AB**  **MEET** | 15  **4:30-6:00 pm**  **6:00-6:30 dryland**  **Harbord** | 16  5:40 activation  6:00-7:30 pm  Harbord | 17  \*\*\* 5:30-7:30 am  4:30-5:00 pm dryland  5:00-7:00 pm  UT | 18  5:00-7:00 pm  Riverdale | 19  4:30-6:00 pm  6:00-6:30 pm  dryland Harbord | 20  **7:00-8:30am Central Tech** |
| 21 | 22  4:30-6:00 pm  6:00-6:30 dryland  Harbord | 23  5:40 activation  6:00-7:30 pm  Harbord | 24  \*\*\* 5:30-7:30 am  4:30-5:00 pm dryland  5:00-7:00 pm  UT | 25  5:00-7:00 pm  Riverdale | 26  4:30-6:00 pm  6:00-6:30 pm  dryland Harbord | 27  6:00-8:00 am  UT  8:10-9:30am Knox |
| 28 | 29  4:30-6:00 pm  6:00-6:30 dryland  Harbord | 30  5:40 activation  6:00-7:30 pm  Harbord | 31  \*\*\* 5:30-7:30 am  4:30-5:00 pm dryland  5:00-7:00 pm  UT | 1  5:00-7:00 pm  Riverdale | 2  **Central Region “A” Champs**  Or practice | 3  **Central Region “A” Champs** |

\*\*\* 5:30-7:30 am Wednesday mornings –“ Invite Only”