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| --- | --- | --- | --- | --- | --- | --- |
| **Sunday** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
|  | **1****Happy New Year!** | 24:30 dryland5:00-7:00 pmUT | 37:00-9:00 am3:00-5:00 pmUT | 42:30 dryland3:00-5:00 pmUT  | 55:30-7:30 amBenson3:00-5:00 pm Benson | 66:00-8:00 amUTDryland TBD |
| 7 | 84:30-6:00 pm6:00-6:30 drylandHarbord | 95:40 activation6:00-7:30 pmHarbord | 10\*\*\* 5:30-7:30 am4:30-5:00 pm dryland5:00-7:00 pmUT | 11**No permit at Riverdale due to school function. Workout TBD** | 12**AB Meet OR**4:30-6:00 pm Harbord | 13**AB** **MEET** |
| 14**AB** **MEET** | 15**4:30-6:00 pm****6:00-6:30 dryland****Harbord** | 165:40 activation6:00-7:30 pmHarbord  | 17\*\*\* 5:30-7:30 am4:30-5:00 pm dryland5:00-7:00 pmUT  | 185:00-7:00 pmRiverdale | 194:30-6:00 pm 6:00-6:30 pmdryland Harbord | 20**7:00-8:30am Central Tech**  |
| 21 | 224:30-6:00 pm6:00-6:30 drylandHarbord | 235:40 activation6:00-7:30 pmHarbord | 24\*\*\* 5:30-7:30 am4:30-5:00 pm dryland5:00-7:00 pmUT | 255:00-7:00 pmRiverdale | 264:30-6:00 pm6:00-6:30 pmdryland Harbord | 276:00-8:00 amUT8:10-9:30am Knox  |
| 28 | 294:30-6:00 pm6:00-6:30 drylandHarbord | 305:40 activation6:00-7:30 pmHarbord | 31\*\*\* 5:30-7:30 am4:30-5:00 pm dryland5:00-7:00 pmUT | 15:00-7:00 pmRiverdale | 2**Central Region “A” Champs**Or practice | 3**Central Region “A” Champs** |

\*\*\* 5:30-7:30 am Wednesday mornings –“ Invite Only”