**Junior National December 2014**

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| SUNDAY | MONDAY | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** | **SATURDAY** |
|  | 1  **5:45-7:30am**  **UT**  4:30-6:30pm Harbord | 2  **5:45-7:30am**  **UT** | 3  **5:45-7:30am**  **UT – weights**  4:30-7:00pm  UT | 4  ***Youth Cup*** | 5  ***Youth Cup*** | 6  ***Youth Cup*** |
| 7  ***Youth Cup*** | 8  **6:00-7:30am**  **UT**  4:30-6:30pm Harbord | 9  **6:00-7:30am**  **UT** | 10  **6:00-7:30am**  **UT – weights**  4:30-7:00pm  UT | 11  **10:00-11:00am UT**  **11:30am Depart for Montreal**  **Non CAMO 5:00-7:00pm Riverdale** | 12  ***CAMO***  **Non CAMO 5:00-7:00pm**  **UT** | 13  ***CAMO***  **Non CAMO 6:00-8:00am**  **UT** |
| 14  ***CAMO*** | 15  **am/pm OFF** | 16  **6:00-7:30am**  **UT** | 17  **6:00-7:30am**  **UT – weights**  **4:00-7:00pm**  **UT Time Trial** | 18  5:00-7:00pm Riverdale | 19  **6:00-7:30am**  **UT**  **pm OFF** | 20  ***Winter Holiday***  ***No Swim Practice*** |
| 21  ***Winter Holiday***  ***No Swim Practice*** | 22  ***Winter Holiday***  ***No Swim Practice*** | 23  ***Winter Holiday***  ***No Swim Practice*** | 24  ***Winter Holiday***  ***No Swim Practice*** | 25  ***Winter Holiday***  ***No Swim Practice*** | 26  ***Winter Holiday***  ***No Swim Practice*** | 27  8:00-10:00am  UT |
| 28  8:00-10:00am  UT  4:00-6:00pm  UT | 29  4:00-6:00pm  UT | 30  8:00-10:00am  UT  4:00-6:00pm  UT | 31  8:00-10:00am  UT |  |  |  |