**Junior National December 2014**

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| SUNDAY | MONDAY | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** | **SATURDAY** |
|  | 1**5:45-7:30am UT** 4:30-6:30pm Harbord  | 25:30-7:30am UT  | 35:30-7:30am UT – weights 4:30-7:00pm UT  | 4 ***Youth Cup***  | 5***Youth Cup***  | 6***Youth Cup***  |
| 7***Youth Cup*** | 8**5:45-7:30am UT** 4:30-6:30pm Harbord  | 95:30-7:30am UT  | 105:30-7:30am UT – weights 4:30-7:00pm UT  | 11Depart for CAMO swim TBA  | 12***CAMO*** | 13***CAMO*** |
| 14***CAMO*** | 15**am/pm OFF**  | 16**6:00-7:30am UT**   | 17**6:00-7:30am UT – weights** 4:30-7:00pm UT   | 185:00-7:00pm Riverdale  | 19**6:00-7:30am UT** **pm OFF**  | 20***Winter Holiday*** ***No Swim Practice***  |
| 21***Winter Holiday*** ***No Swim Practice***  | 22***Winter Holiday*** ***No Swim Practice***  | 23***Winter Holiday*** ***No Swim Practice***  | 24***Winter Holiday*** ***No Swim Practice***  | 25***Winter Holiday*** ***No Swim Practice***  | 26***Winter Holiday*** ***No Swim Practice***  | 278:00-10:00am UT  |
| 288:00-10:00am UT 4:00-6:00pm UT  | 294:00-6:00pm UT   | 308:00-10:00am UT 4:00-6:00pm UT  | 318:00-10:00am UT  |   |  |  |