**Junior National December 2014**

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| SUNDAY | MONDAY | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** | **SATURDAY** |
|  | 1  **5:45-7:30am UT**  4:30-6:30pm Harbord | 2  5:30-7:30am UT | 3  5:30-7:30am UT – weights  4:30-7:00pm UT | 4  ***Youth Cup*** | 5  ***Youth Cup*** | 6  ***Youth Cup*** |
| 7  ***Youth Cup*** | 8  **5:45-7:30am UT**  4:30-6:30pm Harbord | 9  5:30-7:30am UT | 10  5:30-7:30am UT – weights  4:30-7:00pm UT | 11  Depart for CAMO swim TBA | 12  ***CAMO*** | 13  ***CAMO*** |
| 14  ***CAMO*** | 15  **am/pm OFF** | 16  **6:00-7:30am UT** | 17  **6:00-7:30am UT – weights**  4:30-7:00pm UT | 18  5:00-7:00pm Riverdale | 19  **6:00-7:30am UT**  **pm OFF** | 20  ***Winter Holiday***  ***No Swim Practice*** |
| 21  ***Winter Holiday***  ***No Swim Practice*** | 22  ***Winter Holiday***  ***No Swim Practice*** | 23  ***Winter Holiday***  ***No Swim Practice*** | 24  ***Winter Holiday***  ***No Swim Practice*** | 25  ***Winter Holiday***  ***No Swim Practice*** | 26  ***Winter Holiday***  ***No Swim Practice*** | 27  8:00-10:00am UT |
| 28  8:00-10:00am UT  4:00-6:00pm UT | 29  4:00-6:00pm UT | 30  8:00-10:00am UT  4:00-6:00pm UT | 31  8:00-10:00am UT |  |  |  |