**Junior National January 2015**

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| SUNDAY | MONDAY | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** | **SATURDAY** |
|  |  |  |  | 1  ***Happy New Year!***  **No Swim Practice** | 2  8:00-10:00am  UT  4:00-6:00pm  UT | 3  8:00-10:00am  UT  4:00-6:00pm  UT |
| 4  8:00-10:00am  UT | 5  5:30-7:30am  UT  4:30-6:30pm Harbord | 6  5:30-7:30am  UT | 7  5:30-7:30am  UT (weights)  4:30-7:00pm  UT | 8  5:00-7:00pm Riverdale | 9  5:30-7:30am  UT  5:00-7:00pm Riverdale | 10  5:30-9:00am  UT |
| 11 | 12  5:30-7:30am UT  4:30-6:30pm Harbord | 13  5:30-7:30am  UT | 14  5:30-7:30am  UT (weights)  4:30-7:00pm  UT | 15  ***MAC Winter Invitational*** | 16  ***TSC Winter Cup/***  ***MAC Winter Invitational*** | 17  ***TSC Winter Cup/ MAC Winter Invitational*** |
| 18  ***MAC Winter Invitational*** | 19  **am/pm OFF** | 20  5:30-7:30am  UT | 21  5:30-7:30am  UT (weights)  4:30-7:00pm  UT | 22  5:00-7:00pm Riverdale | 23  5:30-7:30am UT  5:00-7:00pm Riverdale  ***Cindy Nicholas Swim Classic*** | 24  5:30-9:00am  UT  ***Cindy Nicholas Swim Classic*** |
| 25  ***Cindy Nicholas Swim Classic*** | 26  5:30-7:30am  UT  4:30-6:30pm Harbord | 27  5:30-7:30am  UT | 28  5:30-7:30am  UT (weights)  4:30-7:00pm  UT | 29  5:00-7:00pm Riverdale | 30  5:30-7:30am  UT  5:00-7:00pm Riverdale | 31  5:30-9:00am  UT |