**Junior National October 2014**

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| SUNDAY | MONDAY | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** | **SATURDAY** |
|  |  |  | 15:30-7:30am UT – weights 4:30-7:00pm UT  | 25:00-7:00pm Riverdale  | 35:30-7:30am UT 5:00-7:00pm Riverdale  | 4**6:30-9:00am UT** ***Blue & White Meet***3:00-6:00pm UT  |
| 5 | 65:30-7:30am UT 4:30-6:30pm Harbord  | 75:30-7:30am UT   | 85:30-7:30am UT – weights 4:30-7:00pm UT  | 95:00-7:00pm Riverdale | 105:30-7:30am UT 5:00-7:00pm Riverdale  | 11**5:30-9:00am UT**  |
| 12 | 13Thanksgiving Off  | 145:30-7:30am UT   | 155:30-7:30am UT – weights 4:30-7:00pm UT  | 165:00-7:00pm Riverdale  | 175:30-7:30am UT 5:00-7:00pm Riverdale  | 18**7:15-11:00am UT**  |
| 19 | 205:30-7:30am UT 4:30-6:30pm Harbord  | 215:30-7:30am UT   | 225:30-7:30am UT – weights 4:30-7:00pm UT  | 235:00-7:00pm Riverdale | 245:30-7:30am UT ***Fall Sprint Meet (13&O)***  | 25***Fall Sprint Meet (13&O)***  |
| 26 ***Fall Sprint Meet (12&U)***  | 27**am OFF** 4:30-6:30pm Harbord  | 285:30-7:30am UT   | 295:30-7:30am UT – weights 4:30-7:00pm UT  | 30 5:00-7:00pm Riverdale | 315:30-7:30am UT ***Harvest Invitational***  |  |

**Junior National November 2014**

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| SUNDAY | MONDAY | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** | **SATURDAY** |
|  |  |  |  |   |  | 1***Harvest Invitational***  |
| 2 | 35:30-7:30am UT 4:30-6:30pm Harbord  | 45:30-7:30am UT  | 55:30-7:30am UT – weights 4:30-7:00pm UT  | 65:00-7:00pm Riverdale | 7***Swim International***  | 8***Swim International***  |
| 9***Swim International*** | 10**am/pm OFF**  | 115:30-7:30am UT   | 125:30-7:30am UT – weights ***Annual Awards Gala*** | 135:00-7:00pm Riverdale  | 145:30-7:30am UT 5:00-7:00pm Riverdale  | 15**5:30-9:00am UT**  |
| 16 | 175:30-7:30am UT 4:30-6:30pm Harbord  | 185:30-7:30am UT   | 195:30-7:30am UT – weights 4:30-7:00pm UT  | 205:00-7:00pm Riverdale***Annual General Meeting***  | 215:30-7:30am UT 5:00-7:00pm Riverdale ***TSC Time Trial***  | 22***York Invitational***  |
| 23***York Invitational***  | 24**am/pm OFF**  | 255:30-7:30am UT   | 265:30-7:30am UT – weights 4:30-7:00pm UT  | 27 5:00-7:00pm Riverdale | 285:30-7:30am UT 5:00-7:00pm Riverdale  | 29**5:30-9:00am UT** |
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**Junior National December 2014**

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| SUNDAY | MONDAY | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** | **SATURDAY** |
|  | 1**5:45-7:30am UT** 4:30-6:30pm Harbord  | 25:30-7:30am UT  | 35:30-7:30am UT – weights 4:30-7:00pm UT  | 4 ***Youth Cup***  | 5***Youth Cup***  | 6***Youth Cup***  |
| 7***Youth Cup*** | 8**5:45-7:30am UT** 4:30-6:30pm Harbord  | 95:30-7:30am UT  | 105:30-7:30am UT – weights 4:30-7:00pm UT  | 11Depart for CAMO swim TBA  | 12***CAMO*** | 13***CAMO*** |
| 14***CAMO*** | 15**am/pm OFF**  | 16**6:00-7:30am UT**   | 17**6:00-7:30am UT – weights** 4:30-7:00pm UT   | 185:00-7:00pm Riverdale  | 19**6:00-7:30am UT** **pm OFF**  | 20***Winter Holiday*** ***No Swim Practice***  |
| 21***Winter Holiday*** ***No Swim Practice***  | 22***Winter Holiday*** ***No Swim Practice***  | 23***Winter Holiday*** ***No Swim Practice***  | 24***Winter Holiday*** ***No Swim Practice***  | 25***Winter Holiday*** ***No Swim Practice***  | 26***Winter Holiday*** ***No Swim Practice***  | 278:00-10:00am UT  |
| 288:00-10:00am UT 4:00-6:00pm UT  | 294:00-6:00pm UT   | 308:00-10:00am UT 4:00-6:00pm UT  | 318:00-10:00am UT  |   |  |  |