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| **Senior 1: March 2017** |
| Sunday  | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  |  | 15:30 – 7:30 pmHavergal | 2**4:00 – 6:00 pm****UT****Central Region “A” Champs (Olympium)** | 3**5:30 – 7:00 am****UT**7:00 – 7:30 am (Dry)**Central Region “A” Champs**  | 46:00 – 8:00 am (UT)8:00 – 9:00 am Weights SCC**Central Region “A” Champs**  |
| 5**Central Region “A” Champs** | 6**Central “A” Swimmers OFF**5:00 – 7:00 pm Central Tech (Non Central “A”) | 75:30 – 7:00 amBenson (UT)7:00 – 7:30 am (Dry) | 85:30 – 7:30 pmHavergal | 95:00 – 7:00 pmCentral Tech | 105:30 – 7:00 amBenson (UT)7:00 – 7:30 am (Dry) | 11**MARCH BREAK****OFF!** |
| 12 | 13**MARCH BREAK****OFF!** | 14**MARCH BREAK****OFF!** | 15**MARCH BREAK****OFF!** | 16**MARCH BREAK****OFF!** | 17**MARCH BREAK****OFF!** | 18**MARCH BREAK****OFF!** |
| 19 | 205:00 – 7:00 pmCentral Tech | 215:30 – 7:00 amBenson (UT)7:00 – 7:30 am (Dry) | 225:30 – 7:30 pmHavergal | 235:00 – 7:00 pmCentral Tech | 245:30 – 7:00 amBenson (UT)7:00 – 7:30 am (Dry) | 256:00 – 8:00 am (UT)8:00 – 9:00 am Weights SCC |
| 26 | 275:00 – 7:00 pmCentral Tech | 285:30 – 7:00 amBenson (UT)7:00 – 7:30 am (Dry) | 295:30 – 7:30 pmHavergal | 305:00 – 7:00 pmCentral Tech | 315:30 – 7:00 amBenson (UT)7:00 – 7:30 am (Dry) |  |