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| --- | --- | --- | --- | --- | --- | --- |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| May 1 | 24:30-7:00pm UT | 35:30-7:30am UT4:30-7:00pm UT | 46:00-7:30am UT (weights) 4:30-7:00pm UT | 54:00-6:00pm UT  | 66:00-7:30am UT (weights/swim) 4:30-7:00pm UT | 7**RHAC LC Invitational****FINA Points Challenge** |
| 8**RHAC LC Invitational****FINA Points Challenge** | 94:30-7:00pm UT | 105:30-7:30am UT4:30-7:00pm UT | 116:00-7:30am UT (weights) 4:30-7:00pm UT | 124:00-6:00pm UT  | 136:00-7:30am UT (weights/swim) 4:30-7:00pm UT | 1410:00-12:00**UT** |
| 15 | 164:30-7:00pm UT | 175:30-7:30am UT4:30-7:00pm UT | 186:00-7:30am UT (weights) 4:30-7:00pm UT | 19  **Hicken****International Swim Cup OR**4:00-6:00pm**UT** | 20**Hicken****International Swim Cup** | 21**Hicken****International Swim Cup** |
| 22**Hicken****International Swim Cup** | 23**OFF** | 245:30-7:30am UT4:30-7:00pm UT | 256:00-7:30am UT (weights) 4:30-7:00pm UT | 264:00-6:00pm **UT** | 276:00-7:30am UT (weights/swim) 4:30-7:00pm UT | 28**10:00-12:00****UT** |
| 29 | 304:30-7:00pm UT | 315:30-7:30am UT4:30-7:00pm UT | June 16:00-7:30am UT (weights) 4:30-7:00pm UT | 2**AGI or**4:00-6:00pm UT  | 3**AGI** | 4**AGI** |