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| --- | --- | --- | --- | --- | --- | --- |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| May 1 | 2  4:30-7:00pm UT | 3    5:30-7:30am UT  4:30-7:00pm UT | 4  6:00-7:30am UT (weights)  4:30-7:00pm UT | 5  4:00-6:00pm  UT | 6  6:00-7:30am UT (weights/swim)  4:30-7:00pm UT | 7  **RHAC LC Invitational**  **FINA Points Challenge** |
| 8  **RHAC LC Invitational**  **FINA Points Challenge** | 9  4:30-7:00pm UT | 10  5:30-7:30am UT  4:30-7:00pm UT | 11  6:00-7:30am UT (weights)  4:30-7:00pm UT | 12  4:00-6:00pm  UT | 13  6:00-7:30am UT (weights/swim)  4:30-7:00pm UT | 14  10:00-12:00  **UT** |
| 15 | 16  4:30-7:00pm UT | 17  5:30-7:30am UT  4:30-7:00pm UT | 18  6:00-7:30am UT (weights)  4:30-7:00pm UT | 19  **Hicken**  **International Swim Cup OR**  4:00-6:00pm  **UT** | 20  **Hicken**  **International Swim Cup** | 21  **Hicken**  **International Swim Cup** |
| 22  **Hicken**  **International Swim Cup** | 23  **OFF** | 24  5:30-7:30am UT  4:30-7:00pm UT | 25  6:00-7:30am UT (weights)  4:30-7:00pm UT | 26  4:00-6:00pm  **UT** | 27  6:00-7:30am UT (weights/swim)  4:30-7:00pm UT | 28  **10:00-12:00**  **UT** |
| 29 | 30  4:30-7:00pm UT | 31  5:30-7:30am UT  4:30-7:00pm UT | June 1  6:00-7:30am UT (weights)  4:30-7:00pm UT | 2  **AGI or**  4:00-6:00pm  UT | 3  **AGI** | 4  **AGI** |