**National February 2015**

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| SUNDAY | MONDAY | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** | **SATURDAY** |
| 1 | 25:00-7:00pm UT | 35:30-7:30am UT 5:00-7:00pm UT  | 45:30-7:30am UT5:30-7:00pm Knox Church  | 5**4:00-6:00pm UT**  | 6**5:30-7:30am UT****4:00-6:00pm UT** **Private Lesson Fundraiser** **6:00-7:00pm UT**  | 77:30-10:00am UT  |
| 8 | 95:00-7:00pm UT | 105:30-7:30am UT 5:00-7:00pm UT  | 115:30-7:30am UT5:30-7:00pm Knox Church  |  124:00-6:00pm UT (Sr Nat) OR 5:00-7:00pm Riverdale | 135:30-7:30am Ben 5:00-7:00pm UT | 147:30-10:00am UT |
| 15  | 16**Family Day****10:00am-12:00pm UT** | 175:30-7:30am UT (Eastern swimmers off)**4:00-6:00pm UT**  | 185:30-7:30am UT**Depart for Quebec City**  |  19**4:00-6:00pm UT** **2015 Speedo Eastern Canadian Open**  | 20**5:30-7:30am UT****4:00-6:00pm UT** **2015 Speedo Eastern Canadian Open**  | 21 7:30-10:00am UT**2015 Speedo Eastern Canadian Open**  |
| 22**2015 Speedo Eastern Canadian Open**  | 23**4:00-6:00pm UT** | 24**AM OFF**5:00-7:00pm UT  | 25**Depart for Brantford**  |  26**Ontario Age Group Championships 2015**  | 27**Ontario Age Group Championships 2015**  | 28**Ontario Age Group Championships 2015**  |

**National March 2015**

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| SUNDAY | MONDAY | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** | **SATURDAY** |
| 1**Ontario Age Group Championships 2015**  | 2**OFF** | 3**AM OFF** 5:00-7:00pm UT  | 45:30-7:30am UT**Private Lesson Fundraiser** **5:00-7:00pm UT**  | 54:00-6:00pm UT (Sr Nat) OR 5:00-7:00pm Riverdale | 65:30-7:30am Ben 5:00-7:00pm UT | 76:15-9:00am UT  |
| 8 | 95:00-7:00pm UT | 105:30-7:30am UT 5:00-7:00pm UT  | 115:30-7:30am UT5:30-7:00pm Knox Church  |  124:00-6:00pm UT (Sr Nat) OR 5:00-7:00pm Riverdale | 135:30-7:30am Ben 5:00-7:00pm UT | 146:45-9:00am UT  |
| 15  | 16**March Break Depart for Barbados**  | 17**March Break Training Camp****Barbados** | 18**March Break Training Camp****Barbados** |  19**March Break Training Camp****Barbados** | 20**March Break Training Camp****Barbados** | 21**March Break Training Camp****Barbados** |
| 22**March Break Training Camp****Barbados** | 23**March Break Training Camp****Barbados** | 24**Return from Barbados**  | 25**AM OFF** 5:30-7:00pm Knox Church 5:00-7:00pm UofT (Trials)  |  264:00-6:00pm UT (Sr Nat) OR 5:00-7:00pm Riverdale | 275:30-7:30am Ben 5:00-7:00pm UT | 28 6:15-9:00am UT |
| 29 | 30 5:00-7:00pm UT | 315:30-7:30am UT 5:00-7:00pm UT  |  |  |  |  |