**National February 2015**

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| SUNDAY | MONDAY | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** | **SATURDAY** |
| 1 | 2  5:00-7:00pm UT | 3  5:30-7:30am UT  5:00-7:00pm UT | 4  5:30-7:30am UT  5:30-7:00pm Knox Church | 5  **4:00-6:00pm UT** | 6  **5:30-7:30am UT**  **4:00-6:00pm UT**  **Private Lesson Fundraiser**  **6:00-7:00pm UT** | 7  7:30-10:00am UT |
| 8 | 9  5:00-7:00pm UT | 10  5:30-7:30am UT  5:00-7:00pm UT | 11  5:30-7:30am UT  5:30-7:00pm Knox Church | 12  4:00-6:00pm UT (Sr Nat) OR  5:00-7:00pm Riverdale | 13  5:30-7:30am Ben  5:00-7:00pm UT | 14  7:30-10:00am UT |
| 15 | 16  **Family Day**  **10:00am-12:00pm UT** | 17  5:30-7:30am UT (Eastern swimmers off)  **4:00-6:00pm UT** | 18  5:30-7:30am UT  **Depart for Quebec City** | 19  **4:00-6:00pm UT**  **2015 Speedo Eastern Canadian Open** | 20  **5:30-7:30am UT**  **4:00-6:00pm UT**  **2015 Speedo Eastern Canadian Open** | 21  7:30-10:00am UT  **2015 Speedo Eastern Canadian Open** |
| 22  **2015 Speedo Eastern Canadian Open** | 23  **4:00-6:00pm UT** | 24  **AM OFF**  5:00-7:00pm UT | 25  **Depart for Brantford** | 26  **Ontario Age Group Championships 2015** | 27  **Ontario Age Group Championships 2015** | 28  **Ontario Age Group Championships 2015** |

**National March 2015**

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| SUNDAY | MONDAY | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** | **SATURDAY** |
| 1  **Ontario Age Group Championships 2015** | 2  **OFF** | 3  **AM OFF**  5:00-7:00pm UT | 4  5:30-7:30am UT  **Private Lesson Fundraiser**  **5:00-7:00pm UT** | 5  4:00-6:00pm UT (Sr Nat) OR  5:00-7:00pm Riverdale | 6  5:30-7:30am Ben  5:00-7:00pm UT | 7  6:15-9:00am UT |
| 8 | 9  5:00-7:00pm UT | 10  5:30-7:30am UT  5:00-7:00pm UT | 11  5:30-7:30am UT  5:30-7:00pm Knox Church | 12  4:00-6:00pm UT (Sr Nat) OR  5:00-7:00pm Riverdale | 13  5:30-7:30am Ben  5:00-7:00pm UT | 14  6:45-9:00am UT |
| 15 | 16  **March Break Depart for Barbados** | 17  **March Break Training Camp**  **Barbados** | 18  **March Break Training Camp**  **Barbados** | 19  **March Break Training Camp**  **Barbados** | 20  **March Break Training Camp**  **Barbados** | 21  **March Break Training Camp**  **Barbados** |
| 22  **March Break Training Camp**  **Barbados** | 23  **March Break Training Camp**  **Barbados** | 24  **Return from Barbados** | 25  **AM OFF**  5:30-7:00pm Knox Church  5:00-7:00pm UofT (Trials) | 26  4:00-6:00pm UT (Sr Nat) OR  5:00-7:00pm Riverdale | 27  5:30-7:30am Ben  5:00-7:00pm UT | 28  6:15-9:00am UT |
| 29 | 30  5:00-7:00pm UT | 31  5:30-7:30am UT  5:00-7:00pm UT |  |  |  |  |