**National 1 January 2017**

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| SUNDAY | MONDAY | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** | **SATURDAY** |
| 1**Happy New Year!**  | 27:00-9:00am UT  | 38:30-10:30am UT 5:00-7:00pm UT  | 46:00-8:00am UT3:30-5:30pm UT  | 53:00-6:00pm UT   | 65:30-7:30am UT4:00-7:00pm UT | 78:00-10:00am UT 10:30am-12:00pmKnox  |
| 8 | 9 6:00-7:30am UT (weights)5:00-7:00 pm UT | 105:00 -7:00pm UT | 115:30-7:30am UT (swim) 5:00-7:00pm UT | 12**MAC Winter Invitational** or4:00-6:00 pm UT | 13**MAC Winter Invitational**  | 14**MAC Winter Invitational**  |
| 15**MAC Winter Invitational**  | 16AM/PM OFF | 175:00 -7:00pm UT | 186:00-7:30am UT (weights)5:00-7:00pm UT  | 194:00-6:00 pm UT | 205:30-7:30 am UT**5:00-7:00pm Riverdale**  | 216:00-8:00am UT8:30-10:00am Knox **TSC/UofT Winter Invite (LC PM)** |
| 22 | 235:30-7:30 am UT5:00-7:00 pm UT | 245:00 -7:00pm UT | 256:00-7:30am UT (weights)5:00-7:00pm UT  | 264:00-6:00 pm UT | 275:30-7:30 am UT5:00-7:00 pm UT | 288:00-10:00am UT 10:30am-12:00pmKnox  |
| 29 | 305:30-7:30 am UT5:00-7:00 pm UT | 315:00 -7:00pm UT |  |  |  |  |