 NATIONAL 1 JUNE 2017

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| --- | --- | --- | --- | --- | --- | --- |
| SUNDAY | MONDAY | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** | **SATURDAY** |
|  |  |  |  | 1  **AGE GROUP**  **INTERNATIONAL** | 2  **AGE GROUP**  **INTERNATIONAL** | 3  **AGE GROUP**  **INTERNATIONAL** |
| 4  **AGE GROUP**  **INTERNATIONAL** | 5  **AM/PM OFF** | 6  **4:00-6:00 pm UT** | 7  5:30-7:30 am UT (swim)  **4:00-6:00 pm UT** | 8  4:00-6:00 pm UT | 9  5:30-7:30 am UT  5:00-7:00 pm UT | 10  **8:00-10:00am UT**  10:00-11:00am yoga |
| 11 | 12  6:00-7:30am UT (weights)  **5:00-7:00 pm UT** | 13  **5:00-7:00 pm UT** | 14  5:30-7:30 am UT (swim)  **4:30-6:30 pm UT** | 15  4:00-6:00 pm UT | 16  5:30-7:30 am UT  5:00-7:00 pm UT | 17  **6:00-8:00am UT**  No dryland |
| 18 | 19  6:00-7:30am UT (weights)  **4:00-6:00 pm UT** | 20  **5:00-7:00 pm UT** | 21  5:30-7:30 am UT (swim)  **4:30-6:30 pm UT** | 22  4:00-6:00 pm UT | 23  5:30-7:30 am UT  **4:00-6:00pm UT** | 24  **8:00-10:30am UT** |
| 25 | 26  5:30-7:30 am UT  **5:00-6:30 pm UT** | 27  **5:00-6:30 pm UT** | 28  **AM OFF**  **5:00-6:30 pm UT** | 29  **PROVINCIALS** | 30  **PROVINCIALS** | 1  **PROVINCIALS** |