 NATIONAL 2 APRIL 2017

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| SUNDAY | MONDAY | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** | **SATURDAY** |
|  |  |  |  |  |  | 1**SWIM-A-THON**8:00-10:00am **SOCIAL MEDIA PRESENTATION**  |
| 2 | 36:00-7:30am UT (weights) 5:00 -7:00pm UT | 45:00 -7:00pm UT | 55:30-7:30am UT 5:00-7:00pm UT  | 64:00-6:00 pm UT | 75:30-7:30am UT \*selection5:00 -7:00pm UT | 86:00-8:00am UT8:30-10:00am Knox |
| 9 | 105:30-7:30am UT(no weights) 5:00 -7:00pm UT | 115:00 -7:00pm UT | 125:30-7:30am UT 5:00-7:00pm UT | 13**5:00-7:00pm UT** | 14**GOOD FRIDAY****OFF**   | 15 6:00-8:00am UT8:30-10:00am Knox |
| 16 | 17**AM OFF**5:30-7:30 pm Hav | 185:00 -7:00pm UT | 195:30-7:30am UT 5:00-7:00pm UT | 20**5:00-7:00pm UT EASTERN CANADIAN CHAMPIONSHIPS**  | 215:30-7:30am UT **EASTERN CANADIAN CHAMPIONSHIPS** | 226:00-8:00am UT8:30-10:00am Knox**EASTERN CANADIAN CHAMPIONSHIPS** |
| 23**EASTERN CANADIAN CHAMPIONSHIPS** | 245:30-7:30am UT(no weights) **5:00-7:00pm UT Eastern Swimmers Off**  | 255:00 -7:00pm UT | 265:30-7:30am UT 5:00-7:00pm UT | 274:00-6:00 pm UT | 28**JOHN GROOTVELD SR.**  | 29**JOHN GROOTVELD SR.** |
| 30 |  |  |  |  |  |  |

 NATIONAL 2 MAY 2017

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| SUNDAY | MONDAY | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** | **SATURDAY** |
|  | 1**5:30-7:30am UT (swim)****4:30 -7:00pm UT** | 25:00 -7:00pm UT | 35:30-7:30am UT **4:00-6:00pm UT** | 44:00-6:00 pm UT | 5**5:30-7:30am UT** 5:00-7:00 pm UT\*selection | 66:00-8:00am UTdl TBA |
| 7 | 86:00-7:30am UT (weights) **4:30 -7:00pm UT** | 95:00 -7:00pm UT | 105:30-7:30am UT **4:00-6:00pm UT** | 114:00-6:00 pm UT | 12**5:30-7:30am UT** 5:00-7:00 pm UT\*selection | 136:00-8:00am UTdl TBA |
| 14 | 156:00-7:30am UT (weights) **4:30 -7:00pm UT** | 165:00 -7:00pm UT | 175:30-7:30am UT **4:00-6:00pm UT** | 184:00-6:00 pm UT | 19**HICKEN INTERNATIONAL** | 20**HICKEN INTERNATIONAL** |
| 21 | 22**VICTORIA DAY** **OFF**   | 235:00 -7:00pm UT | 245:30-7:30am UT **4:00-6:00pm UT** | 254:00-6:00 pm UT | 26**5:30-7:30am UT** 5:00-7:00 pm UT\*selection | 276:00-8:00am UT8:30-10:00am Knox |
| 28 | 296:00-7:30am UT (weights) **4:30 -7:00pm UT** | 305:00 -7:00pm UT | 315:30-7:30am UT **4:00-6:00pm UT** |  |  |  |

 NATIONAL 2 JUNE 2017

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| SUNDAY | MONDAY | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** | **SATURDAY** |
|  |  |  |  | 1**AGE GROUP INTERNATIONAL**  | 2**AGE GROUP INTERNATIONAL** | 3**AGE GROUP INTERNATIONAL** |
| 4**AGE GROUP INTERNATIONAL** | 5**OFF**  | 65:00 -7:00pm UT | 75:30-7:30am UT **4:00-6:00pm UT** | 84:00-6:00 pm UT | 9**5:30-7:30am UT** 5:00-7:00 pm UT\*selection | 106:00-8:00am UT8:30-10:00am Knox |
| 11 | 126:00-7:30am UT (weights) **5:00 -7:00pm UT** | 135:00 -7:00pm UT | 145:30-7:30am UT **4:00-6:00pm UT** | 154:00-6:00 pm UT | 16**5:30-7:30am UT** 5:00-7:00 pm UT\*selection | 176:00-8:00am UT8:30-10:00am Knox |
| 18 | 196:00-7:30am UT (weights) **5:00 -7:00pm UT** | 205:00 -7:00pm UT | 215:30-7:30am UT **4:00-6:00pm UT** | 224:00-6:00 pm UT | 23**5:30-7:30am UT** 5:00-7:00 pm UT\*selection | 246:00-8:00am UT8:30-10:00am Knox |
| 25 | 266:00-7:30am UT (weights) **5:00 -7:00pm UT** | 275:00 -7:00pm UT | 285:30-7:30am UT **4:00-6:00pm UT** | 29**PROVINCIALS** | 30**PROVINCIALS** |  |