 NATIONAL 2 APRIL 2017

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| SUNDAY | MONDAY | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** | **SATURDAY** |
|  |  |  |  |  |  | 1  **SWIM-A-THON**  8:00-10:00am  **SOCIAL MEDIA PRESENTATION** |
| 2 | 3  6:00-7:30am UT (weights)  5:00 -7:00pm UT | 4  5:00 -7:00pm UT | 5  5:30-7:30am UT  5:00-7:00pm UT | 6  4:00-6:00 pm UT | 7  5:30-7:30am UT \*selection  5:00 -7:00pm UT | 8  6:00-8:00am UT  8:30-10:00am Knox |
| 9 | 10  5:30-7:30am UT  (no weights)  5:00 -7:00pm UT | 11  5:00 -7:00pm UT | 12  5:30-7:30am UT  5:00-7:00pm UT | 13  **5:00-7:00pm UT** | 14  **GOOD FRIDAY**  **OFF** | 15  6:00-8:00am UT  8:30-10:00am Knox |
| 16 | 17  **AM OFF**  5:30-7:30 pm Hav | 18  5:00 -7:00pm UT | 19  5:30-7:30am UT  5:00-7:00pm UT | 20  **5:00-7:00pm UT EASTERN CANADIAN CHAMPIONSHIPS** | 21  5:30-7:30am UT  **EASTERN CANADIAN CHAMPIONSHIPS** | 22  6:00-8:00am UT  8:30-10:00am Knox  **EASTERN CANADIAN CHAMPIONSHIPS** |
| 23  **EASTERN CANADIAN CHAMPIONSHIPS** | 24  5:30-7:30am UT  (no weights)  **5:00-7:00pm UT Eastern Swimmers Off** | 25  5:00 -7:00pm UT | 26  5:30-7:30am UT  5:00-7:00pm UT | 27  4:00-6:00 pm UT | 28  **JOHN GROOTVELD SR.** | 29  **JOHN GROOTVELD SR.** |
| 30 |  |  |  |  |  |  |

 NATIONAL 2 MAY 2017

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| SUNDAY | MONDAY | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** | **SATURDAY** |
|  | 1  **5:30-7:30am UT (swim)**  **4:30 -7:00pm UT** | 2  5:00 -7:00pm UT | 3  5:30-7:30am UT  **4:00-6:00pm UT** | 4  4:00-6:00 pm UT | 5  **5:30-7:30am UT**  5:00-7:00 pm UT  \*selection | 6  6:00-8:00am UT  dl TBA |
| 7 | 8  6:00-7:30am UT (weights)  **4:30 -7:00pm UT** | 9  5:00 -7:00pm UT | 10  5:30-7:30am UT  **4:00-6:00pm UT** | 11  4:00-6:00 pm UT | 12  **5:30-7:30am UT**  5:00-7:00 pm UT  \*selection | 13  6:00-8:00am UT  dl TBA |
| 14 | 15  6:00-7:30am UT (weights)  **4:30 -7:00pm UT** | 16  5:00 -7:00pm UT | 17  5:30-7:30am UT  **4:00-6:00pm UT** | 18  4:00-6:00 pm UT | 19  **HICKEN INTERNATIONAL** | 20  **HICKEN INTERNATIONAL** |
| 21 | 22  **VICTORIA DAY**  **OFF** | 23  5:00 -7:00pm UT | 24  5:30-7:30am UT  **4:00-6:00pm UT** | 25  4:00-6:00 pm UT | 26  **5:30-7:30am UT**  5:00-7:00 pm UT  \*selection | 27  6:00-8:00am UT  8:30-10:00am Knox |
| 28 | 29  6:00-7:30am UT (weights)  **4:30 -7:00pm UT** | 30  5:00 -7:00pm UT | 31  5:30-7:30am UT  **4:00-6:00pm UT** |  |  |  |

 NATIONAL 2 JUNE 2017

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| SUNDAY | MONDAY | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** | **SATURDAY** |
|  |  |  |  | 1  **AGE GROUP INTERNATIONAL** | 2  **AGE GROUP INTERNATIONAL** | 3  **AGE GROUP INTERNATIONAL** |
| 4  **AGE GROUP INTERNATIONAL** | 5  **OFF** | 6  5:00 -7:00pm UT | 7  5:30-7:30am UT  **4:00-6:00pm UT** | 8  4:00-6:00 pm UT | 9  **5:30-7:30am UT**  5:00-7:00 pm UT  \*selection | 10  6:00-8:00am UT  8:30-10:00am Knox |
| 11 | 12  6:00-7:30am UT (weights)  **5:00 -7:00pm UT** | 13  5:00 -7:00pm UT | 14  5:30-7:30am UT  **4:00-6:00pm UT** | 15  4:00-6:00 pm UT | 16  **5:30-7:30am UT**  5:00-7:00 pm UT  \*selection | 17  6:00-8:00am UT  8:30-10:00am Knox |
| 18 | 19  6:00-7:30am UT (weights)  **5:00 -7:00pm UT** | 20  5:00 -7:00pm UT | 21  5:30-7:30am UT  **4:00-6:00pm UT** | 22  4:00-6:00 pm UT | 23  **5:30-7:30am UT**  5:00-7:00 pm UT  \*selection | 24  6:00-8:00am UT  8:30-10:00am Knox |
| 25 | 26  6:00-7:30am UT (weights)  **5:00 -7:00pm UT** | 27  5:00 -7:00pm UT | 28  5:30-7:30am UT  **4:00-6:00pm UT** | 29  **PROVINCIALS** | 30  **PROVINCIALS** |  |