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| **SENIOR PROVINCIAL: NOVEMBER 2016** | | | | | | |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  | 1  5:30-7:30am UT  5-7pm Riverdale | 2  5-7pm Central Tech | 3  5:30-7:30am UT | 4  **NYAC CUP** | 5  **NYAC CUP** |
| 6  **NYAC CUP** | 7  **OFF** | 8  5:30-7:30am UT  5-7pm Riverdale | 9  5-7pm Central Tech | 10  5:30-7:30am UT | 11  4:30-6:00pm Jarvis | 12  6-8am swim UT  8:30-10am Knox (Dryland) |
| 13 | 14  4:30-6:30pm Jarvis | 15  5:30-7:30am UT  5-7pm Riverdale | 16  5-7pm Central Tech | 17  5:30-7:30am UT | 18  4:30-6:00pm Jarvis | 19  6-8am swim UT  8:30-10am Knox (Dryland) |
| 20 | 21  4:30-6:30pm Jarvis | 22  5:30-7:30am UT  5-7pm Riverdale | 23  5-7pm Central Tech | 24  5:30-7:30am UT | 25  **BORDER CITY INVITE (WINDSOR TRAVEL MEET)** | 26  **BORDER CITY INVITE (WINDSOR TRAVEL MEET)** |
| 27  **BORDER CITY INVITE (WINDSOR TRAVEL MEET)** | 28  **OFF** | 29  5:30-7:30am UT  5-7pm Riverdale | 30  5-7pm Central Tech | 31  5:30-7:30am UT |  |  |