**Senior 1 December 2014**

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| SUNDAY | MONDAY | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** | **SATURDAY** |
|  | 16:00-7:30am UT (weights) 5:30-7:30pm Harbord  | 2**5:00-7:00pm Riverdale**  | 3**5:30-7:30am** **UT**5:30-7:30pm Havergal | 4 ***Youth Cup / Mega City***  | 5***Youth Cup / Mega City*** **6:00-7:30am** **UT** | 6***Youth Cup / Mega City***  |
| 7***Youth Cup / Mega City***  | 8**am OFF** 5:30-7:30pm Harbord  | 9**5:00-7:00pm Riverdale**   | 10**5:30-7:30am** **UT**5:30-7:30pm Havergal  | 11**10:00-11:00am UT** **11:30am Depart for Montreal**  | 12***CAMO*****Non CAMO 5:00-7:00pm** **UT**  | 13***CAMO*****Non CAMO 6:00-8:00am** **UT** |
| 14***CAMO*** | 15**am/pm OFF**  | 16**5:00-7:00pm Riverdale**   | 17**5:30-7:30am** **UT**5:30-7:30pm Havergal | 18  | 195:30-7:30am UT  | 20***Winter Holiday*** ***No Swim Practice***  |
| 21***Winter Holiday*** ***No Swim Practice***  | 22***Winter Holiday*** ***No Swim Practice***  | 23***Winter Holiday*** ***No Swim Practice***  | 24***Winter Holiday*** ***No Swim Practice***  | 25***Winter Holiday*** ***No Swim Practice***  | 26***Winter Holiday*** ***No Swim Practice***  | 278:00-10:30am UT  |
| 286:00-8:30am UT   | 296:00-8:00am UT 2:00-4:00pmUT  | 301:30-4:00pm UT  | 3110:00am-12:30pm UT  |   |  |  |