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| **SENIOR PROVINCIAL- FEBRUARY 2016** |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| JAN 31 | 14:30-6:30pm Harbord | 25:30-7:30am UT (weights) 6:00-7:30pm Jarvis | 35:30-7:30am UT 4:30-6:30pm Harbord | 4**OFF** | 55:30-7:30am UT 5:30-7:30pmHavergal | 66:00-8:00 amUT |
| 7 | 84:30-6:30pm Harbord | 95:30-7:30am UT (weights) 6:00-7:30pm Jarvis | 105:30-7:30am UT 4:30-6:30pm Harbord | 11**Central Regionals @ Etobicoke** | 12**Central Regionals @ Etobicoke** | 13**Central Regionals @ Etobicoke** |
| 14**Central Regionals @ Etobicoke** | 15**OFF****Happy Family Day** | 165:30-7:30am UT (weights) 6:00-7:30pm Jarvis | 175:30-7:30am UT 4:30-6:30pm Harbord | 18**Speedo Eastern Canadian Open****OR** **OFF** | 19 5:30-7:30am UT  5:30-7:30pmHavergalOR**Easterns** | 206:00-8:00 amUT**Speedo Eastern Canadian Open** |
| 21**Speedo Eastern Canadian Open****OR****OFF**  | 224:30-6:30pm Harbord | 235:30-7:30am UT (weights) 6:00-7:30pm Jarvis | 245:30-7:30am UT 4:30-6:30pm Harbord | 25**OFF** | 265:30-7:30am UT 5:30-7:30pmHavergal | 276:00-8:00 amUT |
| 28 | 294:30-6:30pm Harbord |  |  |  |  |  |
| **SENIOR PROVINCIAL- MARCH 2016** |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  | 16:00-7:30pm Jarvis | 24:30-6:00pm Harbord | 3**OFF****Provincials** | 4**Provincials****OR****Senior 1 practice** | 5**Provincials****OR****Senior 1 practice** |
| 6**Provincials** | 7**OFF** | 85:30-7:30am UT (weights) 6:00-7:30pm Jarvis | 95:30-7:30am UT 4:30-6:30pm Harbord | 10**OFF** | 115:30-7:30am UT **MARCH BREAK- OFF** | 12**MARCH BREAK- OFF** |
| 13**MARCH BREAK- OFF** | 14**MARCH BREAK- OFF** | 15**MARCH BREAK- OFF** | 16**MARCH BREAK- OFF** | 17**MARCH BREAK- OFF** | 18**MARCH BREAK- OFF** | 19**MARCH BREAK- OFF** |
| 20**MARCH BREAK- OFF** | 214:30-6:30pm Harbord | 225:30-7:30am UT (weights) 6:00-7:30pm Jarvis | 235:30-7:30am UT 4:30-6:30pm Harbord | 24**OFF** | 25**TBD – Good Friday****No Havergal** | 266:00-8:00 amUT |
| 27 | 28**OFF****Easter Monday** | 295:30-7:30am UT (weights) 6:00-7:30pm Jarvis | 305:30-7:30am UT 4:30-6:30pm Harbord | 31**OFF** |  |  |