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| **October 2016: Senior Provincial** | | | | | | |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  |  |  |  |  | 1  6:00-8:00 am swim UT  8:30 -10:00 dryland Knox |
| 2 | 3  4:30-6:30 pm  Jarvis | 4  5:30-7:30 am UT  5:00-7:00 pm  Riverdale | 5  5-7:00 pm  Central Tech | 6  5:30-7:30 am  UT | 7  4:30-6:00 pm  Jarvis | 8  6:00-8:00 am swim UT  8:30 -10:00 dryland Knox |
| 9 | 10  4:30-6:30 pm  Jarvis | 11  5:30-7:30 am UT  5:00-7:00 pm  Riverdale | 12  5-7:00 pm  Central Tech | 13  5:30-7:30 am  UT | 14  4:30-6:00 pm  Jarvis | 15  6:00-8:00 am swim UT  8:30 -10:00 dryland Knox  **BLUE & WHITE**  **2:30-5pm** |
| 16 | 17  4:30-6:30 pm  Jarvis | 18  5:30-7:30 am UT  5:00-7:00 pm  Riverdale | 19  5-7:00 pm  Central Tech | 20  5:30-7:30 am  UT | 21  **DOWNTOWN SPRINT** | 22  **DOWNTOWN SPRINT** |
| 23 | 24  4:30-6:30 pm  Jarvis | 25  5:30-7:30 am UT  5:00-7:00 pm  Riverdale | 26  **TCS GALA/ BANQUET** | 27  5:30-7:30 am  UT | 28  4:30-6:00 pm  Jarvis | 29  6:00-8:00 am swim UT  8:30 -10:00 dryland Knox |
| 30 | 31  4:30-6:30 pm  Jarvis |  |  |  |  |  |