 SENIOR 1 APRIL 2017

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| SUNDAY | MONDAY | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** | **SATURDAY** |
|  |  |  |  |  |  | 1**SWIM-A-THON**6:00-8:00am **SOCIAL MEDIA PRESENTATION**  |
| 2**HAC INVITATIONAL**  | 35:00-7:00pm CT | 45:30-7:00am Ben7:00-7:30am (dl) | 55:30-7:30pm HAV  | 65:00-7:00pm CT | 7**5:30-7:00am UT****7:00-7:30am (dl)** | 86:00-8:00am UT8:00-9:00am weights (SCC) |
| 9 | 105:00-7:00pm CT | 11**5:30-7:00am UT****7:00-7:30am (dl)** | 125:30-7:30pm HAV | 135:00-7:00pm CT | 14**GOOD FRIDAY****OFF**   | 156:00-8:00am UT8:00-9:00am weights (SCC) |
| 16 | 17**EASTER MONDAY****OFF**   | 18**5:30-7:00am UT****7:00-7:30am (dl)** | 195:30-7:30pm HAV | 205:00-7:00pm CT | 21**5:30-7:00am UT****7:00-7:30am (dl)** | 226:00-8:00am UT8:00-9:00am weights (SCC) |
| 23 | 24**5:00-7:00pm UT** | 255:30-7:00am Ben7:00-7:30am (dl) | 265:30-7:30pm HAV | 275:00-7:00pm CT | 28**JOHN GROOTVELD SR.**  | 29**JOHN GROOTVELD SR.** |
| 30**JOHN GROOTVELD SR.** |  |  |  |  |  |  |

 SENIOR 1 MAY 2017

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| SUNDAY | MONDAY | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** | **SATURDAY** |
|  | 15:00-7:00pm CT | 25:30-7:00am Ben7:00-7:30am (dl) | 35:30-7:30pm HAV | 45:00-7:00pm CT | 55:30-7:00am Ben7:00-7:30am (dl) | 66:00-8:00am UT8:00-9:00am weights (SCC) |
| 7 | 85:00-7:00pm CT | 95:30-7:00am Ben7:00-7:30am (dl) | 105:30-7:30pm HAV | 115:00-7:00pm CT | 125:30-7:00am Ben7:00-7:30am (dl) | 13**NYAC MAY PERFORMANCE**   |
| 14 | 15**5:00-7:00pm UT****5:00-5:30pm (dl)** | 165:30-7:00am Ben7:00-7:30am (dl) | 175:30-7:30pm HAV | 18**5:00-7:00pm RIV** | 195:30-7:00am Ben7:00-7:30am (dl) | 206:00-8:00am UT8:00-9:00am weights (SCC) |
| 21 | 22**VICTORIA DAY** **OFF**   | 235:30-7:00am Ben7:00-7:30am (dl) | 245:30-7:30pm HAV | 25**5:00-7:00pm RIV** | 26**PAN AM INVITATIONAL**   | 27**PAN AM INVITATIONAL**   |
| 28**TSC BBQ** | 29**5:00-7:00pm UT****5:00-5:30pm (dl)** | 305:30-7:00am Ben7:00-7:30am (dl) | 315:30-7:30pm HAV |  |  |  |

 SENIOR 1 JUNE 2017

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| SUNDAY | MONDAY | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** | **SATURDAY** |
|  |  |  |  | 1**5:00-7:00pm RIV** | 25:30-7:00am Ben7:00-7:30am (dl) | 36:00-8:00am UT8:00-9:00am weights (SCC) |
| 4 | 5**5:00-7:00pm UT****5:00-5:30pm (dl)** | 65:30-7:00am Ben7:00-7:30am (dl) | 75:30-7:30pm HAV | 8**CENTRAL REGION B CHAMPS**  | 95:30-7:00am Ben7:00-7:30am (dl)**CENTRAL REGION B CHAMPS** | 10**CENTRAL REGION B CHAMPS** |
| 11**CENTRAL REGION B CHAMPS** | 12**5:00-7:00pm UT****5:00-5:30pm (dl)** | 135:30-7:00am Ben7:00-7:30am (dl) | 145:30-7:30pm HAV | 15 | 16**CENTRAL REGION C CHAMPS** | 17**CENTRAL REGION C CHAMPS** |
| 18**CENTRAL REGION C CHAMPS** |  |  |  |  |  |  |