**Senior 1 October 2015**

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| SUNDAY | MONDAY | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** | **SATURDAY** |
|  |  |  |  | 1 | 2  5:30-7:30am  UT | 3  6:30-9:00am  UT |
| 4 | 5  5:30-7:30pm Harbord | 6  5:30-7:30am  UT (weights)  4:30-6:00pm  Jarvis | 7  5:30-7:30am  UT  5:30-7:30pm  Harbord | 8 | 9  5:30-7:30am  UT | 10  7:30-10:00am  UT |
| 11 | 12  **No Swimming**  **Thanksgiving** | 13  5:30-7:30am  UT (weights)  4:30-6:00pm  Jarvis | 14  5:30-7:30am  UT  5:30-7:30pm  Harbord | 15 | 16  5:30-7:30am  UT  **Downtown Fall Sprint** | 17  **Downtown Fall Sprint** |
| 18 | 19  5:30-7:30pm Harbord | 20  5:30-7:30am  UT (weights)  4:30-6:00pm  Jarvis | 21  5:30-7:30am  UT  5:30-7:30pm  Harbord | 22 | 23  5:30-7:30am  UT | 24  7:30-10:00am  UT |
| 25 | 26  5:30-7:30pm Harbord | 27  5:30-7:30am  UT (weights)  4:30-6:00pm  Jarvis | 28  5:30-7:30am  UT  5:30-7:30pm  Harbord | 29 | 30  5:30-7:30am  UT | 31  7:30-10:00am  UT |