## 

**2015-16 Winter Holiday Training Camp**

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|  | **Mon Dec 28** | **Tues Dec 29** | **Wed Dec 30** | **Thurs Dec 31** | **Fri Jan 1** | **Sat Jan 2** | **Sun Jan 3** |
| **National** | 6:00-9:00am Benson | 8:00-10:00am  UofT  3:30-6:00pm  UofT | 8:00-10:00am  UofT  3:30-6:00pm  UofT | 8:00-10:00am  UofT | Happy New Year!  All Groups are OFF | 8:00-10:00am  UofT  3:30-6:00pm  UofT | 8:00-10:00am  UofT |
| **Jr National** | 6:00-9:00am  UofT | 7:00-10:00am  UofT  3:30-6:00pm  UofT | 7:00-10:00am  UofT  3:30-6:00pm  UofT | 8:00-10:00am  UofT | 7:00-10:00am  UofT  3:30-6:00pm  UofT | 7:00-10:00am  UofT |
| **Sr Provincial** | 6:00-8:00am  UofT  2:00-4:45pm UofT | 6:00-8:00am  UofT | 6:00-8:00am  UofT  2:00-4:00pm  UofT | 9:00am-12:00pm  UofT | 6:00-8:00am  UofT  2:00-4:45pm  UofT | 6:00-9:00am UofT |
| **Senior 1** | 6:00-8:00am  UofT  2:00-4:45pm UofT | 2:00-4:00pm UofT | 6:00-8:00am  UofT  2:00-4:00pm  UofT | 9:00am-12:00pm  UofT | 6:00-8:00am  UofT | 6:00-9:00am  UofT |
| **Senior 2** | 9:30am-12:00pm  UofT | 10:00am-12:00pm  UofT | 6:00-7:30am  Benson | 9:30am-12:00pm  UofT | 6:00-8:30am  UofT | OFF |

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|  | **Mon Dec 28** | **Tues Dec 29** | **Wed Dec 30** | **Thurs Dec 31** | **Fri Jan 1** | **Sat Jan 2** | **Sun Jan 3** |
| **Senior 3** | 9:30am-12:00pm  UofT | 10:00am-12:00pm  UofT | 7:30-9:00am  Benson | 9:30am-12:00pm  UofT | Happy New Year!  All Groups are OFF | 6:00-8:00am  UofT | OFF |
| **Junior 1** | 7:30-10:00am  UofT  4:00-6:00pm  UofT | 10:00am-12:00pm  UofT | 9:15am-12:00pm  UofT | 6:00-8:00am  UofT | 1:15-4:00pm  UofT | 6:00-8:00am  UofT |
| **Junior 2** | 8:00-10:00am  UofT  3:30-6:00pm  UofT | 9:30am-12:00pm  UofT | 9:30am-12:00pm  UofT | 6:00-8:30am  UofT | 1:30-4:00pm  UofT | 6:00-8:30am  UofT |
| **Junior 3** | 10:00am-12:00pm  UofT | 6:00-7:30am Benson | 10:00am-12:00pm  UofT | OFF | 6:00-7:30am Benson | OFF |
| **Junior 4** | 10:00am-12:00pm  UofT | 7:30-9:00am  Benson | 10:00am-12:00pm  UofT | OFF | 7:30-9:00am  Benson | OFF |
| **Youth 1** | 8:00-10:00am  UofT | 9:15am-12:00pm  UofT | 10:00am-12:00pm  UofT | 6:00-8:30am  UofT | 2:00-4:00pm  UofT | OFF |
| **Youth 2** | 8:00-10:30am  UofT | 9:30am-12:00pm  UofT | 9:30am-12:00pm  UofT | OFF | 1:30-4:00pm  UofT | OFF |

**Notes:**

Youth 3 and Intro groups are OFF for the holidays.

Regular workouts for all groups will resume on Monday, January 4.