##

**2015-16 Winter Holiday Training Camp**

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
|  | **Mon Dec 28**  | **Tues Dec 29** | **Wed Dec 30**  | **Thurs Dec 31**  | **Fri Jan 1**  | **Sat Jan 2**  | **Sun Jan 3**  |
| **National**  | 6:00-9:00am Benson | 8:00-10:00amUofT3:30-6:00pmUofT  | 8:00-10:00amUofT3:30-6:00pmUofT | 8:00-10:00amUofT | Happy New Year! All Groups are OFF  | 8:00-10:00amUofT3:30-6:00pmUofT | 8:00-10:00amUofT |
| **Jr National**  | 6:00-9:00amUofT  | 7:00-10:00amUofT3:30-6:00pmUofT  | 7:00-10:00amUofT3:30-6:00pmUofT  | 8:00-10:00amUofT | 7:00-10:00amUofT3:30-6:00pmUofT | 7:00-10:00amUofT  |
| **Sr Provincial**  | 6:00-8:00amUofT 2:00-4:45pm UofT  | 6:00-8:00amUofT  | 6:00-8:00am UofT 2:00-4:00pmUofT  | 9:00am-12:00pmUofT  | 6:00-8:00amUofT2:00-4:45pmUofT  | 6:00-9:00am UofT  |
| **Senior 1**  | 6:00-8:00amUofT 2:00-4:45pm UofT  | 2:00-4:00pm UofT  | 6:00-8:00am UofT 2:00-4:00pmUofT | 9:00am-12:00pmUofT  | 6:00-8:00am UofT  | 6:00-9:00amUofT  |
| **Senior 2**  | 9:30am-12:00pmUofT  | 10:00am-12:00pmUofT  | 6:00-7:30amBenson  | 9:30am-12:00pmUofT  | 6:00-8:30amUofT  | OFF  |

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
|  | **Mon Dec 28**  | **Tues Dec 29** | **Wed Dec 30**  | **Thurs Dec 31**  | **Fri Jan 1**  | **Sat Jan 2**  | **Sun Jan 3**  |
| **Senior 3**  | 9:30am-12:00pmUofT | 10:00am-12:00pmUofT  | 7:30-9:00amBenson  | 9:30am-12:00pmUofT | Happy New Year! All Groups are OFF | 6:00-8:00amUofT  | OFF  |
| **Junior 1**  | 7:30-10:00amUofT 4:00-6:00pmUofT  | 10:00am-12:00pmUofT  | 9:15am-12:00pmUofT | 6:00-8:00amUofT  | 1:15-4:00pmUofT  | 6:00-8:00amUofT  |
| **Junior 2** | 8:00-10:00amUofT 3:30-6:00pmUofT  | 9:30am-12:00pmUofT  | 9:30am-12:00pmUofT | 6:00-8:30amUofT  | 1:30-4:00pmUofT  | 6:00-8:30amUofT  |
| **Junior 3**  | 10:00am-12:00pmUofT  | 6:00-7:30am Benson  | 10:00am-12:00pmUofT  | OFF | 6:00-7:30am Benson  | OFF  |
| **Junior 4**  | 10:00am-12:00pmUofT | 7:30-9:00amBenson  | 10:00am-12:00pmUofT | OFF  | 7:30-9:00amBenson  | OFF  |
| **Youth 1**  | 8:00-10:00amUofT  | 9:15am-12:00pmUofT  | 10:00am-12:00pmUofT | 6:00-8:30amUofT  | 2:00-4:00pmUofT  | OFF  |
| **Youth 2** | 8:00-10:30amUofT  | 9:30am-12:00pmUofT | 9:30am-12:00pmUofT | OFF  | 1:30-4:00pmUofT  | OFF  |

**Notes:**

Youth 3 and Intro groups are OFF for the holidays.

Regular workouts for all groups will resume on Monday, January 4.