



Season's Greeting! ~

Dear Parents & Swimmers of Silver 3,

Over the past 3 months, Silver 3 had great achievements in both training and races. Recently, at MSSAC OPEN, we had 11 swimmers raced in 400m freestyle; all first time swims in the event. We also had 8 swimmers raced in 800m freestyle, all of them were not only first time swims in the event but also everyone finished top 10 in their perspective age group. Along with the above, we had many first time 200m swims. I'm sure the swimmers were exhausted but at the same time they felt rewarding and had fun. Congratulations everyone!

Silver 3 is about having fun, trying new things, as you can already see how many new events the swimmers have done so far! By the last meet of December, we have accumulated many standards; and we want to continue on the pattern and work our way to Central Regional's!

In the New Year, we want to keep up all the hard work and swim even harder! With 2 months left in the short course season beginning in the New Year, we have couple meets planned, I encourage all swimmers to attend, and continue to strive for their personal excellence, starting with being extra on time at meets!

I wish everyone a safe and fun Holiday! See you in the New Year!

Swimmingly,

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*Lily Dong*

## *Silver 3 Short Course 2012 [January ~ March]*

<i>Date</i>		<i>Event</i>	<i>Location</i>	<i>Remarks</i>
<b>January</b>	6	MAC's Winter Invitational	Centennial pool	13+ /12&U distance(fri)
	15 (Sunday)	York Quadrathlon/Distance	YorkU	Only for those who are close to qualify CR , and events not being offered at Huntsville for 12&U
	21-22	Jesse Coward Winterlude	Huntsville	12 &U
	20-21	Cindy Nicolas	Scarborough	13+ /non huntsville
<b>February</b>	9-12	Central Region SC Champs	Etobicoke	B Standard
	25-26	Winter Team Champs	Etobicoke	ALL
<b>March</b>	1-4	SC Junior Provincials	Etobicoke	Qualifiers
	3-4	New Market invitational	New Market	Non Prov.
	30-Apr.1	Olympic Trial (camp + meet)	Montreal	Optional, but highly encouraged to attend ☺