

February 2012

B1 & B2

B1/B2 swimmers are expected to have their proper attire and equipment during all dry land sessions (running shoes, TSC t-shirt, shorts, and a skipping rope).

B1 swimmers who have overqualified for the Central Region Championship (C.R.C) have a regular swim practice on Saturday, February 11 @ U of T (time TBA) this includes select B2 swimmers who have not qualified. Provincial qualifiers have a regular practice on Feb 25th.

Swimmers that have not qualified for the Provincial SC Championship, or for C.R.C and qualified in less than four individual C.R.C events will have an opportunity to race at the Central Region Winter Team Champs.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
			5:45-7:30 am @ U of T		5:30-7:30 pm @ Harbord C.I	7:00-9:30 am @ Harbord C.I
5	6	7	8	9	10	11
	5:30-7:30 pm @ Havergal	4:30-6:30 pm @ Harbord C.I	5:45-7:30 am @ U of T		5:30-7:30 pm @ Harbord C.I C.R.C Qualifiers @ Etobicoke	C.R.C Championship @ Etobicoke
12	13	14	15	16	17	18
C.R.C Championship @ Etobicoke	5:30-7:30 pm @ Havergal	4:30-6:30 pm @ Harbord C.I Happy Valentines Day	5:45-7:30 am @ U of T		5:30-7:30 pm @ Harbord C.I	7:00-9:30 am @ Harbord C.I
19	20	21	22	23	24	25
	Family Day No swim practice	4:30-6:30 pm @ Harbord C.I	5:45-7:30 am @ U of T		5:30-7:30 pm @ Harbord C.I	Central Region Winter Team Champs @Etobicoke
26	27	28	29			
Central Region Winter Team Champs @Etobicoke	5:30-7:30 pm @ Havergal	4:30-6:30 pm @ Harbord C.I	5:45-7:30 am @ U of T			

If a swimmer misses a swim practice the parent/guardian must submit a request for a make-up practice to the Head Development Coach Victor Delac. Last minute requests will not be accepted.