

# March 2012

# Bronze 3

B3 swimmers are expected to have their proper attire and equipment during all dry land sessions (running shoes, TSC t-shirt, shorts, a skipping rope and water bottle) on Fridays and Saturdays.

Coach: Ashley Bradbury [a.bradbury@torontoswimclub.com](mailto:a.bradbury@torontoswimclub.com)

Group Parent: Gulcan Ozel [gulallan@hotmail.com](mailto:gulallan@hotmail.com)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			1	2 4:30-6:15pm @Harbord	3 6:30-8:30am @UofT	4
5	6 4:30-6:00pm @Central Tech	7 4:30-6:00pm @Central Tech	8	9 4:30-6:15pm @Harbord	10 MARCH BREAK	11 MARCH BREAK
12 MARCH BREAK	13 MARCH BREAK	14 MARCH BREAK	15 MARCH BREAK	16 MARCH BREAK	17 MARCH BREAK	18 MARCH BREAK
19 MARCH BREAK	20 4:30-6:00pm @Central Tech	21 4:30-6:00pm @Central Tech	22	23 4:30-6:15pm @Harbord	24 7:30-9:30am @Harbord	25
26	27 4:30-6:00pm @Central Tech	28 4:30-6:00pm @Central Tech	29	30 OLYMPIC TRIALS	31 OLYMPIC TRIALS	1 OLYMPIC TRIALS

If a swimmer misses a swim practice the parent/guardian must submit a request for a make-up practice to the Head Development Coach Victor Delac [vdelac@hotmail.com](mailto:vdelac@hotmail.com)